



WEEKLY MENU

Breakfast

Sunday Juice | Cold Cereal or Hot Cereal | Egg | Bacon or Sausage | Biscuit | Cream Gravy | Margarine | Milk | Coffee | Hot Tea
Monday Juice | Cold or Hot Cereal | Egg | Bacon or Sausage | Toast or Pancake | Margarine | Milk | Coffee | Hot Tea
Tuesday Juice | Cold or Hot Cereal | Egg | Bacon or Sausage | Cinnamon Roll | Margarine | Milk | Coffee | Hot Tea
Wednesday Juice | Cold or Hot Cereal | Egg | Bacon or Sausage | Toast | Margarine | Milk | Coffee | Hot Tea
Thursday Juice | Cold or Hot Cereal | Egg | Bacon or Sausage | French Toast | Margarine | Milk | Coffee | Hot Tea
Friday Juice | Cold or Hot Cereal | Breakfast Burrito | Margarine | Milk | Coffee | Hot Tea
Saturday Juice | Cold or Hot Cereal | Egg | Bacon or Sausage | Biscuit | Margarine | Milk | Coffee | Hot Tea

Lunch

Sunday Country Ham Slice | Candied Sweet Potatoes | Seasoned Cabbage | Cornbread | Margarine | Frosted Poke Cake Beverage of Choice
Monday Hamburger Steak | Grilled Onions | Brown Gravy | Macaroni & Cheese | Vegetable Medley | Dinner Roll | Margarine | Apple Cobbler | Beverage of Choice
Tuesday BBQ Sausage Cuts | Baked Beans | Potato Salad | Bread | Margarine | Peaches with Whip Topping | Beverage of Choice
Wednesday Meatloaf | Mashed Potatoes | Zucchini & Tomatoes | Dinner Roll | Margarine | Cream Pie | Beverage of Choice
Thursday Roasted Chicken | Black-eyed Peas | Seasoned Greens | Cornbread | Margarine | Cinnamon Apples | Beverage of Choice
Friday Potato Crunch Pollock | Rice Pilaf | Green Beans | Dinner Roll | Margarine | Caramel Pear Pudding | Beverage of Choice
Saturday Chicken Enchiladas | Sour Cream Sauce | Pinto Beans | Mexican Corn | Tortilla Chips | Salsa | Pineapple Dream Beverage of Choice

Dinner

Sunday Cream of Tomato Soup | Crackers | Margarine | Grilled Cheese Sandwich | Marinated Vegetable Salad | Sugar Cookie | Milk | Beverage of Choice
Monday Hawaiian Chicken | Fried Rice | Broccoli | Egg Roll | Sweet & Sour Sauce | Fruit Cup | Milk | Beverage of Choice
Tuesday Philly Cheesesteak | Green Peppers & Onions | Breaded Vegetable Sticks | Frosted Cake | Milk | Beverage of Choice
Wednesday Steak Fingers | Cream Gravy | French Fries & Ketchup | Pineapple Cole Slaw | Bread | Margarine | Pudding Parfait | Milk | Beverage of Choice
Thursday Hamburger | Mayo | Mustard | Ketchup | Lettuce | Tomatoes | Onions | Onion Rings | Lemon Glazed Cake | Milk
Friday Soup of the Day | Crackers | Margarine | Chef Salad | Salad Dressing | Fresh Fruit Cup | Milk | Beverage of Choice
Saturday Deep Dish Pizza | Tossed Salad with Dressing | Sherbet | Milk | Beverage of Choice

Available Alternatives

Miscellaneous Beverage of Choice & Snack Variety

Pureed Diet Available Puree in milk, gravy or broth. Pureed items can be served with gravy and served hot. May substitute pureed starchy vegetable for pureed bread per resident preference.

Mechanical Soft Available Serve gravy, sauce or broth over chopped or ground meats. Bread items, raw vegetables, salads & fresh fruits can be served per patient's tolerance.

Finger Foods Breakfast served with boiled egg or egg/meat in flour tortilla, biscuit or toast as a sandwich.

Facility Dietary Department will meet with residents to review their preferences and choices for the week in advance